

**Have a go 10/10 TREC Training Day**

**Practising the PTV, MA and POR phases**

**Run by Mrs Jill Perry BHSAI & TD**

**At Aldburys Farm,**

**Hatfield Broad Oak, Nr. Bishops**

**Stortford, HERTS CM22 7JX**

**13th June 2021.**

**Come and have some fun and train for this easy friendly sport…**

**If you look on the East Anglia TREC Group or TREC GB websites, they will give you a good insight into how TREC works.**

**Mrs Jill Perry BHSAI is a freelance, registered instructor, and TREC Technical Delegate and Traceur. She has been involved with TREC since the beginning in the 1990s, competing and running events; she will be bringing her TREC kit and run the event.**

The event will start with the PTV (10 Obstacles) and MA (Control of Paces) in the morning. Each session will be for 45 minutes, with 2 riders a session, everyone will have the chance to ride the course whilst being judged; at the end of each session the scores will be added up and rosettes awarded.

Very local riders can do the TREC training on the Saturday afternoon and then do a longer map route on the Sunday, which will save a long wait on Sunday am. Please indicate on the entry form if you would like to do this.

After Lunch about 13.30

There will be Map work and questions before you are provided with a pre drawn map, marked off in kms. Next you will be tack checked.

Then everybody goes out in pairs or small groups on a POR (orienteering) route of about 10 Km.

Results will be sent out after the day. Postage is included in the entry price.

**Entry fees:** EATG/TREC members/ Liveries - £45.00

BHS Member £48.00 Non -members £ 50.00

# Entries close on the Monday before the event.

# Withdrawals up to this date will receive a full refund.

# Any request for refunds for withdrawals after the closing date will be entirely at the discretion of the organiser. A vet’s or medical certificate will normally be required.

For more information and calendar of dates please go to:

East Anglia TREC Group: www.eastangliatrec.co.uk

Or contact Mrs Jill Perry on [jperry-trec@live.co.uk](mailto:jperry-trec@live.co.uk)

**What to wear:-**

Safe and comfortable riding gear; short boots with half chaps are advisable as they are easier to run in! ☺

An up to date hat PAS015 and bearing a kite mark. For other accepted hats see the TREC GB website

Also needed:

1. A Medical armband

2. First aid kit for yourself and your horse

3. A whistle

4. Hi viz for yourself and your horse

5. Have this Emergency No: Jill Perry 07984477991 on yourself and on your horse.

An optional up to date Body Protector with BETA tag can be worn.

**Health and Safety.**

**The venue** and Jill Perry have taken all reasonable precautions to ensure the health and safety and welfare of every one at this event, in order for these measures to be effective everyone should take all reasonable precautions to avoid and prevent accidents occurring and should obey the instructions of the organiser/officials and stewards.

Please ensure horses/ponies are not left tied up with-out supervision outside a trailer /lorry.

Please make sure you clear up droppings, rubbish hay. We would like to be asked back again.

**GDPR**

Please note Jill Perry and EATG does not share information about our members and competitors except to contact you about Jill Perry EATG related events and to publish results on line, with TREC GB and in the Equine Press. We also include photos taken at events by authorised photographers. If you do not want Jill Perry or EATG to use your information in this way, please contact us via our email or using the contact information in this schedule.

**Equine Flu Requirements:** TREC GB requires that all events, including training & camps, involving equines should insist that vaccinations are up to date (12 month cycle) and check passports before horses are unloaded. Horses that have had their annual vaccination or a booster, within the last six days of the event should not be allowed to compete. For unvaccinated horses to be able to compete a new programme takes a minimum of 28 days.

1.  The twelve month cycle means that a horse’s vaccinations should be dated on or within 365 days (twelve months), for each year recorded on the passport, after the initial cycle of three injections were originally completed. For example a horse vaccinated on 15th March one year needs to be vaccinated on or before 15th March the following year. This also applies in leap years.  
2.  Horses with several years of annual booster vaccinations can have gaps in their record provided that:

a) The first two primary injections where administered correctly before 1st January 2014. (2nd injection 21-92 days after the 1st injection).  
b) All annual boosters since 1st January 2014 are within time.

**Please send a copy of your horse’s flu vaccination certificate to the entry secretary along with your entry before the closing date:** [**jperry-trec@live.co.uk**](mailto:jperry-trec@live.co.uk)**. Bring the documents with you on the day**

**Covid 19**

**This is based on the advice in force before lockdown. It may be different at the time of the competition**

**Please keep your visit to a minimum: Arrive, Compete, Leave!**

**\* Competing groups must not be larger than 6 and maintain social distancing. Groups will be organised.**

**\* All paperwork except the POR map will be sent to you before the competition. There will be no superfluous paperwork at the venue.**

**\* All horse flu vaccination information must be sent to the organiser before the competition.**

**\* Vehicles must be 10m apart if using both sides to tie up or 5m apart if only using one side**

**\* Individual cars must be parked 2m apart**

**\* All persons attending must regularly use their own, or the hand sanitisers provided, whilst on site.**

**\* There will be no presentations at the event. Results will be sent to you according to TREC rules.**

**\* Please leave the venue as soon as you can after completion of your event.**

**Also no extra (accompanying) people are allowed except for volunteer helpers.**

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**East Anglia TREC Group summer and**

**Winter Series Events and JP Training 2021**

|  |  |  |  |
| --- | --- | --- | --- |
| **Date** | **Competition** | **Levels** | **Venue** |
| 23rd May 2021 | EATG POR Competition – orienteering on horseback with maps | Open to all | Parsonage Farm Cole End Lane Sewards End Saffron Walden CM10 2LJ |
| 30th May 2021 | EFRA Epping Forest POR (and surrounding areas). – orienteering on horseback JP | Open to all | Gardens of Hanbury. Pynest Green Lane. Waltham Abbey.  Essex EN9 3QL |
| 13th June 2021 | 10/10 TREC - Have a go at a Mini Full TREC | Open to all | Aldburys Farm Hatfield Broad Oak Essex CM22 7JX . |
| 11th July | 10/10 TREC - Have a go at a Mini Full TREC | Open to all | Suffolk area TBC |
| Aug 2021 | 10/10 TREC – Have a go at a Mini Full TREC or a POR TBC | Open to all | Manuden TBC |
| 18th /19 September 2021 | EATG Full TREC Competition | L1 , L2 L2A. L3 | Home Farm. Riddlesworth Diss IP22 2TD |
| October - March | Start of winter TREC | Open to all | TBC |

All information can be found on the East Anglia TREC Group website: [**www.eastangliatrec.co.uk**](http://www.eastangliatrec.co.uk)

or contact: Jill Perry: [**jperry-trec@live.co.uk**](mailto:jperry-trec@live.co.uk) or Jan Arthur: [**j.arthur0985@btinternet.com**](mailto:j.arthur0985@btinternet.com)

Also look out for other events on the Website or Facebook.

**Aldbury Farm 10/10 TREC Training Day 13.06.21 Entry Form**

Entry fees: Please circle or underline the fee you are paying.

EATG/TREC members/ Liveries - £45.00

BHS Member £48.00

Non -members £ 50.00

Name …………………………………………………………………………………….

Horse………………………………………………………………………………………

Your Public Liability insurance …………………………………………………

Or BHS no………………………… EATG/TREC No…………………………….

Address …………………………………………………………………………………….

Tel No………………………………………………………………………………………..

Please sign to confirm you have read and agree to the health and safety rules and terms and conditions

Signed …………………………………………………. Date ………………….

Please submit one entry form per competitor.

Please give the name of other riders you hope to compete with:

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**All Entries and enquires to Mrs Jill Perry.**

**Aldburys Farm, Hatfield Broad Oak, Nr Bishops Stortford. HERTS . CM22 7JX. Mobile: 07984 477991.**

**Please make cheques payable to Mrs V J Perry. Ref= 13th June 2021**

**Or do a bank transfer to Sort code 07-01-16 Acc no 43359340**

**Please also fill in the following form:**

**Aldburys Farm 13th June 2021**

Riders can enter as a pair or as individuals, we will do our best to match riders of similar abilities.

Juniors, under 16, must provide a signed parental consent form (on TREC GB website)

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Time** | **Rider name and mobile no** | **Horse name** | **Horse & experience** | **Fee** |
| **09.00- 09.45** |  |  |  |  |
| **09.00- 09.45** |  |  |  |  |
| **09.50- 10.35** |  |  |  |  |
| **09.50 – 10.35** |  |  |  |  |
| **10.40 -11.25** |  |  |  |  |
| **10.40 -11.25** |  |  |  |  |
| **11.30 – 12.15** |  |  |  |  |
| **11.30 – 12.15** |  |  |  |  |
| **12.20 – 13.05** |  |  |  |  |
| **12.20- 13.05** |  |  |  |  |

**Or if you are a very local rider:**

I wish to do the PTV on Saturday

Name: Phone:

You will be contacted to arrange this

**Please send back with the entry forms to Jill Perry to the above address or Email to jperry-trec@live.co.uk**